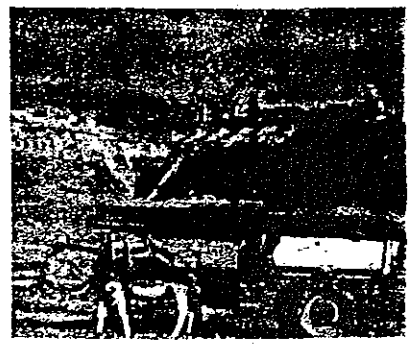
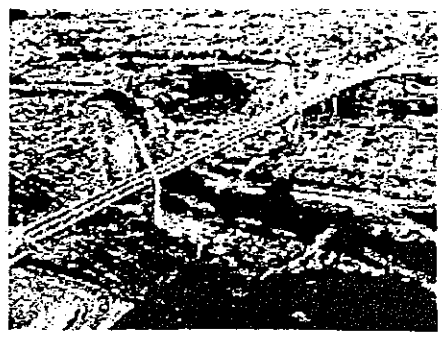


LA FONDA

BAR & RESTAURANTE

02-61 2

**269 Franklin Avenue
Hartford, CT 06114
(860) 296 - 8256**



ANTOJITOS / APPETIZERS

Picada (2 personas)	\$ 18.00
Empanada de Res / Beef Pie	\$ 1.00
Empanada de Pollo / Chicken Pie	\$ 1.00
Chorizo / Colombian Sausage	\$ 3.00
Chicharron / Pork Skin	\$ 3.00
Coctel de Camarones / Colombian Shrimp Cocktail	\$ 11.50
Seviche de Camarones / Shrimp Cocktail	\$ 11.50
Trozos de Pollo con Papitas / Chicken Nuggets with fries	\$ 6.00

SOPAS / SOUPS

Include White Rice, Fried Sweet plantain and small salad.
 Mediano/Regular \$ 5.50 Grande/Large \$ 7.00

Sopa de Pollo	Chicken Soup	
Sopa de Res	Beef Soup	
Sancocho de Gallina	Colombian Chicken Stew	
Mondongo	Tripe Vegetable Soup	
Sopa de Albondigas	Meatball Soup	
Cazuela de Mariscos	Shrimp Cream Soup	\$ 13.50

ESPECIALES DE ALMUERZO / LUNCH SPECIAL

Miércoles a Viernes de 11:00 a.m. a las 2:00 p.m.
 Served Wednesday through Friday from 11:00 a.m. - 2:00 p.m.

Bandeja Montañera	Mountain Tray (Typical Colombian)	\$ 6.00
Chuleta Empanizada	Breaded Pork Loin	\$ 6.00
Bistec a la Mexicana	Mexican Style Beef Steak	\$ 6.00
Arroz con Pollo	Latino Chicken Rice	\$ 6.00

POSTRES / DESSERTES

Brevas con Queso	Figs in heavy syrup with cheese	\$ 3.00
Flan de Caramelo	Caramel Custard	\$ 2.50
Arroz con Leche	Rice Pudding	\$ 2.50

BEBIDAS / DRINKS

Jugos Tropicales / Tropical Juices \$ 2.50

Guanabana – Maracuya – Lulo – Curuba – Mango – Banano – Guayaba

GASEOSAS / SODAS \$ 1.25

Manzana - Naranja - Colombiana - Uva - Limonada - Bretaña
Coca-Cola - Diet-Sprite – Sprite - Diet-Coke

CERVEZAS / BEERS

Domestica	\$ 2.00	Importada	\$ 3.00
Budweiser		Heineken	
Bud Light		Corona	
Michelob		Negra Modelo	

VINOS / WINES

	Copa/Glass	Botella/Bottle
White Zinfandel / Beringer	\$ 4.00	\$ 20.00
Chardonnay	\$ 4.00	\$ 20.00
Merlot / Concha y Toro	\$ 4.00	\$ 20.00
Cabernet Sauvignon / Napa Ridge	\$ 4.00	\$ 25.00
Sangria	\$ 3.50	\$ 15.00
Riunite	\$ 3.50	\$ 25.00



Nuestros Precios no incluyen impuestos. / Our Prices do not include taxes.
En grupos de 6 ó más personas (incluyendo niños/as) adicionaremos 15% de servicio.
Groups of 6 or more people (including children) will be charged 15% gratuity.

PLATOS TIPICOS / TYPICAL PLATES

Bandeja Montañera	\$ 9.50
Typical Peasant Platter: Grilled Beef Steak with Pork Rind. Served with White Rice, Red Beans, Fried Sweet Plantain and finished with Fried Egg.	
Chuleta de Cerdo o Pollo	\$ 9.50
Breaded Pork Loin or Chicken Breast, Marinated and Deep Fried. Served with White Rice, Red Beans, and Fried Sweet Plantains	
Carne Asada	\$ 9.50
Grilled Beef Steak Pounded and Marinated. Served with White Rice, Red Beans, and Fried Sweet Plantains	
Bistec de Palomilla	\$ 9.50
Steak sautéed with Onions. Served with White Rice, Red Beans and Fried Sweet Plantains	
Bistec a la Mexicana	\$ 9.50
Sautéed Steak Pieces with Onions, Peppers and Special Sauce. Served with White Rice, Red Beans and Fried Sweet Plantains	
Churrasco	\$ 13.50
Grilled, Marinated Choice Sirloin. Served with our own Chimichurri Sauce, White Rice, Red Beans, and Fried Sweet Plantains	
Arroz con Pollo	\$ 9.50
Yellow Rice with Chicken Breast and mixed vegetables. Served with French Fries, and Fried Sweet Plantains	
Sobrebarriga	\$ 10.00
Sautéed Flank Steak. Served with White Rice, Red Beans and Fried Sweet Plantains	

COMIDA DE MAR / SEAFOOD

Camarones Empanizados	\$ 11.50
Breaded Deep Fried Shrimp. Served with White Rice, French Fries and Fried Sweet Plantains	
Camarones al Ajillo	\$ 11.50
Sautéed Shrimp in Garlic Sauce. Served with White Rice, French Fries and Fried Sweet Plantains	
Arroz a la Valenciana	\$ 11.00
Yellow Rice with Shrimp and mixed vegetables. Served with French Fries and Fried Sweet Plantains	
Pargo Rojo Frito o Sudado	\$ MARKET
Sautéed or Deep Fried Red Snapper. Served with White Rice, Salad and Fried Sweet Plantains	
Sudado de Camarones	\$ 11.50
Sautéed Shrimp with Onions, Peppers and Special Sauce. Served with White Rice Salad, and Fried Sweet Plantains	